Gorokan High School

10X Elective Assessment Schedule 2020

Physical Activity & Sports Studies – Girls Academy

Task number	Task 1	Task 2	Task 3	Task 4	
Name of Task	Sports Nutrition Exam	Skill Development Video	Primary Coaching PBL	Yearly Examination	
Task Due	Term 1, Week 10	Term 2, Week 6	Term 3, Week 8	TBD	
Outcomes assessed	1.1, 1.2, 4.4	1.2, 3.1, 4.1, 4.3	1.1, 1.2, 3.1, 4.1, 4.2	All Outcomes	
Components					**Task Weighting %**
Knowledge and Understanding	10	10	10	20	50
Skills	10	10	15	15	50
Total %	**20**	**20**	**25**	**35**	**100**

Course Outcomes:

1.1: discusses factors that limit and enhance the capacity to move and perform
1.2: analyses the benefits of participation and performance in physical activity and sport
2.1: discusses the nature and impact of historical and contemporary issues in physical activity and sport
2.2: analyses physical activity and sport from personal, social and cultural perspectives
3.1: demonstrates actions and strategies that contribute to enjoyable participation and skilful performance
3.2: evaluates the characteristics of enjoyable participation and quality performance in physical activity and sport
4.1: works collaboratively with others to enhance participation, enjoyment and performance
4.2: displays management and planning skills to achieve personal and group goals
4.3: performs movement skills with increasing proficiency analyses and appraises information, opinions and
4.4: observations to inform physical activity and sport decisions.