



# Gorokan High School

## Year 10 Assessment Schedule

### *PHYSICAL ACTIVITY AND SPORTS STUDIES*

<b>Task number</b>	<b>Task 1</b>	<b>Task 2</b>	
<b>Nature of task</b>	Fitness and Performance	Game Sense	
<b>Timing</b>	Week 2 Term 2	Week 10 Term 3	
<b>Outcomes assessed</b>	PASS5-3, PASS5-4, PASS5-10 PASS5-1, PASS5-5, PASS5-7, PASS5-9	PASS5-5, PASS5-7, PASS5-9 PASS5-1, PASS5-2, PASS5-6,	
<b>Components</b>	<b>Task Weighting %</b>		
Knowledge & Understanding	25	25	50
Skills	25	25	50
<b>Total %</b>	50	50	100

## **Course Outcomes:**

PASS5-1 - discusses factors that limit and enhance the capacity to move and perform

PASS5-2 - analyses the benefits of participation and performance in physical activity and sport

PASS5-3 - discusses the nature and impact of historical and contemporary issues in physical activity and sport

PASS5-4 - analyses physical activity and sport from personal, social and cultural perspectives

PASS5-5 - demonstrates actions and strategies that contribute to active participation and skilful performance

PASS5-6 - evaluates the characteristics of participation and quality performance in physical activity and sport

PASS5-7 - works collaboratively with others to enhance participation, enjoyment and performance

PASS5-8 - displays management and planning skills to achieve personal and group goals

PASS5-9 - performs movement skills with increasing proficiency

PASS5-10 - analyses and appraises information, opinions and observations to inform physical activity and sport decisions