



Gorokan High School

Year 10 Assessment Schedule 2023

Personal Development, Health and Physical Education

Task number	Task 1	Task 2	Task 3	Task 4	
Name of Task	SEPEP Volleyball	Road Safety	Dance	Yearly Examination	
Task Due	Term 1 - Weeks 6-10	Term 2 - Week 6	Term 2 - Weeks 6-10	Term 4 - Weeks 4/5	
Outcomes assessed	PD5-11 PD5-4 PD5-10	PD5-2 PD5-7 PD5-6	PD5-4 PD5-11	All outcomes	
Components					Task Weighting %
Knowledge and Understanding	10	15	10	15	50
Skills	15	10	15	10	50
Total %	25	25	25	25	100

Course Outcomes:

PD5-1	Assesses their own and others capacity to reflect on and respond positively to challenges
PD5-2	Researches and appraises the effectiveness of health information and support services available in the community
PD5-3	Analyses factors and strategies that enhance inclusivity, equality and respectful relationships
PD5-4	Adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts
PD5-5	Appraises and justifies choices of actions when solving complex movement challenges
PD5-6	Critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity
PD5-7	Plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities
PD5-8	Designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity
PD5-9	Assesses and applies self-management skills to effectively manage complex situations
PD5-10	Critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of group contexts.
PD5-11	Refines and applies movement skills and concepts to compose and perform innovative movement sequences