



Gorokan High School

Year 9 Assessment Schedule 2023

Personal Development, Health and Physical Education

Task number	Task 1	Task 2	Task 4	Task 5	
Name of Task	Olympics - Pentathlon	Mental Health and Sexual Health	Football/Court Sports	Yearly Examination	
Task Due	Term 1, Weeks 3-10	Term 2, Week 3	Term 3, Weeks 3-10	Examination Period	
Outcomes assessed	PD5-4, PD5-10	PD5-6, PD5-9	PD5-4, PD5-5, PD5-11	All	
Components	Task Weighting %				
Knowledge and Understanding	10	15	10	15	50
Skills	15	10	15	10	50
Total %	25	25	25	25	100

Course Outcomes:

PD5-1 assesses their own and others' capacity to reflect on and respond positively to challenges

PD5-2 researches and appraises the effectiveness of health information and support services available in the community

PD5-3 analyses factors and strategies that enhance inclusivity, equality and respectful relationships

PD5-4 adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts

PD5-5 appraises and justifies choices of actions when solving complex movement challenges

PD5-6 critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity

PD5-7 plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities

PD5-8 designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity

PD5-9 assesses and applies self-management skills to effectively manage complex situations

PD5-10 critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of groups or contexts

PD5-11 refines and applies movement skills and concepts to compose and perform innovative movement sequences