



# Gorokan High School

## Year 9 Assessment Schedule 2024

### *Personal Development, Health and Physical Education*

Task number	Task 1	Task 2	Task 3	Task 4	
Name of Task	Olympics - Pentathlon Task	Mental Health & Sexual Health Task	Football/Court Sports Task	Media, Marketing & Health Task	
Task Due	Term 1, Weeks 4-10	Term 2, Week 3	Term 3, Weeks 3-10	Term 3, Week 8	
Outcomes assessed	PD5-4, PD5-10	PD5-6, PD5-9, PD5-3	PD5-4, PD5-5, PD5-11	PD5-2, PD5-7, PD5-9	
Components		Task Weighting %			
Knowledge & Understanding	10	15	10	15	50
Skills	15	10	15	10	50
Total %	25	25	25	25	100

## **Course Outcomes:**

**PD5-1** assesses their own and others' capacity to reflect on and respond positively to challenges

**PD5-2** researches and appraises the effectiveness of health information and support services available in the community

**PD5-3** analyses factors and strategies that enhance inclusivity, equality and respectful relationships

**PD5-4** adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts

**PD5-5** appraises and justifies choices of actions when solving complex movement challenges

**PD5-6** critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity

**PD5-7** plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities

**PD5-8** designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity

**PD5-9** assesses and applies self-management skills to effectively manage complex situations

**PD5-10** critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of groups or contexts

**PD5-11** refines and applies movement skills and concepts to compose and perform innovative movement sequences