



Gorokan High School

Year 9 Assessment Schedule 2025

PDHPE

Task number	Task 1	Task 2	Task 3	Task 4	
Name of Task	Olympics Pentathlon	Health & Relationships	Football & Court Sports	Media, Marketing & Health	
Task Due	Term 1, Weeks 4-10	Term 2, Week 2	Term 3, Weeks 3-10	Term 3, Week 8	
Outcomes assessed	PD5-4, PD5-10	PD5-6, PD5-9, PD5-3	PD5-4, PD5-5, PD5-11	PD5-2, PD5-7, PD5-9	
Components					Task Weighting %
Knowledge & Understanding	10	15	10	15	50
Skills	15	10	15	10	50
Total %	25	25	25	25	100

Course Outcomes:

PD5-1 assesses their own and others' capacity to reflect on and respond positively to challenges

PD5-2 researches and appraises the effectiveness of health information and support services available in the community

PD5-3 analyses factors and strategies that enhance inclusivity, equality and respectful relationships

PD5-4 adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts

PD5-5 appraises and justifies choices of actions when solving complex movement challenges

PD5-6 critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity

PD5-7 plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities

PD5-8 designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity

PD5-9 assesses and applies self-management skills to effectively manage complex situations

PD5-10 critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of groups or contexts

PD5-11 refines and applies movement skills and concepts to compose and perform innovative movement sequences