

Planned Excursions and Course Costs

Excursion	Cost	Assessable/ Elective
Indoor Rock Climbing	\$5	Assessable
Treetops	\$25	Assessable
Overnight Expedition	\$50	Assessable
Hunter MTB	\$10	Assessable
Bike Path	\$5	Elective
Canyoning	\$20	Assessable
Abseiling	\$15	Elective

The above activities are planned to run during the first 100hrs of the course, however these may change or other excursions may be added to facilitate the course content. Year 9 course fees are due at the start of the year and will cover the assessable excursions only. Costs for the 2nd 100hrs will be the same as above.

Course Outline

Year 9

- Outdoor Activities and Leadership
- Campcraft
- Bicycle Touring
- Abseiling/canyoning



Year 10

- Bush Safety and Survival
- Outdoor Survival and Bushcraft
- Wilderness Studies
- Water Activities



Outdoor Pursuits

PDHPE - Stage 5 100/200 hour Course



Live The Dream

Course Description



This course is designed for students with an interest in outdoor pursuits. The class will be examining and experiencing the skills required to successfully participate in outdoor activities, environmental impact, analysing the historical component of bushcraft's origins and the risk management involved in participating in outdoor activities.

Course Requirements

- A willingness to be outdoors and attend excursions.
- A bicycle of their own/or access to a bicycle in good working order.
- An adventurous spirit

What will you learn?

Students will learn to rock climb, snorkel, fish, canoe/kayak, tie knots, mountain bike, survive in the wilderness, manage the risks involved in outdoor activities, leadership, working with others, make links to Aboriginal heritage and survival techniques, plan a successful expedition and understand the human impact on the environment. This course will be a great introduction to the Certificate II in Outdoor Recreation offered in years 11 & 12.



This could be You!

Grade	Performance Descriptor
A	Excellent Achievement
B	High Level of Achievement
C	Substantial Achievement
D	Satisfactory Achievement
E	Elementary Achievement

This course will use introductory competency based assessment to enable a smooth transition into the Certificate II Outdoor Recreation course in years 11 and 12 if desired.

